

## Reach Out and Help Someone

Haven't seen Mary Kay or Jimmy Dean lately? We used to see them at meetings. Sometimes we'd run across them on Zoom. Where did they go? We're sure they'd love to hear from one of us. Especially now, with the pandemic, in-person meetings are difficult to find or get to, and not everyone enjoys or even likes the on-line meetings.

If you've saved some of these folks in your phone contacts, take a few minutes to try and reach out to them. See how you can be of service to them. Maybe they need help finding meetings. Perhaps they'd just like to talk for a while. Even mailing a Grapevine issue would be helpful!! Let them know we have not forgotten them. Remember our legacies; Unity, Service, and Recovery. Let them know we care during this difficult period.

**“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs”**